



LORI BETH HELMERS, APRN, BC  
NURSE PRACTITIONER

*"It is not length of life, but depth of life."  
- Ralph Waldo Emerson*

 **Prairie**  
**Cardiovascular**  

---

*The Doctors of Prairie*

340 W. LINCOLN, SUITE 400, BELLEVILLE, IL 62220

**618-233-6044**

[WWW.PRAIRIECARDIOVASCULAR.COM](http://WWW.PRAIRIECARDIOVASCULAR.COM)

Turn card over for more information.



# Prairie Cardiovascular

---

*The Doctors of Prairie*

## **Medical Education**

M.S., Nursing – Barnes Jewish College of Nursing  
Allied Health at Washington University Medical Center

B.S., Nursing – Southern Illinois University  
at Edwardsville, Edwardsville, Illinois

## **Licensure**

Advanced Practice Nurse

Certified Nurse Practitioner

Registered Professional Nurse

## **Board Certifications**

Board Certified Adult Nurse Practitioner

American Nurses Credentialing Center

## **Key Professional Memberships**

Cardiac Care Associate,  
American College of Cardiology